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Raja-Yoga & Patanjali Yoga-Sutra By Swami Vivekananda



Synopsis

All the orthodox systems of India philosophy have one goal in view, the liberation of the soul through perfection. The method is by Yoga. The word Yoga covers an immense ground, but both the Sankhya and the Vedanta Schools point to Yoga in some form or other. The subject of the present book is that form of Yoga known as Raja-Yoga. The aphorisms of Patanjali are the highest authority on Raja-Yoga.

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Customer Reviews

Greatest book on Yoga- swamiji has written this book more than hundred years before , But even now there is no book on this topic which can even be compared with this. Being a vedantin he has treated the subject matter almost in terms of not only " Yoga" but really in terms of " Yoga Vedanta " .The translation of each sanskrit sutra in english and swamiji's commentary on that is superb. A must book for serious yoga reader.

Titanic works by one of the original and purest souls to leave India to bring the message of yoga

and self-realization through self-effort to the world. Wisdom and a practical vision of soul exploration and discovery on every page. A must-have book for seekers.

Great Book which everyone should read to get a different perspective on life and your spiritual life too.

As a student of many different philosophies, I have found Raja-Yoga to be one of the most thought-provoking and ingenious approaches to the merging of scientific principles, research, and repetition to a very esoteric practice. I, for one, have found great joy in this book. It takes a while to read it even though it be only a few hundred pages. One may find, as I did, that each page deserves to be carefully plucked and examined before going to the next one.

Very interesting indeed. I teach yoga, I live yoga... and this book is fascinating. Toward the end it gets a little beyond me esoterically, but in the beginning, when he discusses Patanjali's Yamas and Niyamas I'm right there with him. I have it on my kindle for bus-time reading.

All the new age writings and teachings do is restate his writings making a platform to make money. VIVEKANANDA'S thoughts are timeless and free to all seekers.

This book is fantastic. As a peek into Vedanta philosophy it is flawless and essential. This book is necessarily religious and mystical but at the same time strongly discourages credulity and leaving your brain at the door. Great reading as a fundamental yoga text alone. However this book is meant to be applied, not just enjoyed. Practice Raja-yoga in full or incorporate it into your occult or yogic mystic practice and see the results for yourself!

What a brilliant mind. In the ancient sense of the word which included heart-mind. However what he means by the word "personality" in part 2, is not what we think of as outward personality today - persona, but the developed inner personality - charisma where the heart, mind, and will have become one integrated whole in action. All seekers should read this short but compact document.

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